



← GRAND CAYMAN

Less than an hour's flight from Miami to George Town makes Grand Cayman easily accessible. After your Friday arrival, hop in a cab and head north, past Seven Mile Beach, to the West Bay neighborhood. Your stop: Cotton Tree, a waterfront property whose four luxe stand-alone cottages are decked out with spa-inspired bathrooms and full kitchens (check your fridge for pre-stocked breakfast goodies). Then get a treatment at the

the skinny

COTTON TREE Pick from four plantation-style cottages, and enjoy a freshwater pool and a newly expanded spa. 345-943-0700; caymancottontree.com
RISTORANTE PAPPAGALLO Seafood (try the smoked wahoo), steaks and an extensive wine list await atop a 14-acre bird sanctuary. 345-949-1119; pappagallo.ky

tricked-out spa cabana just steps from the waves. The next morning, check out Stingray City if you haven't been, then snorkel Cemetery Reef. As evening descends, head to Ristoronte Pappagallo, where an African grey parrot named Humphrey Bogart welcomes you to this Cayman staple. On Sunday, join the locals with a drive to Rum Point and an afternoon at Wreck Bar, frosty mudslide in hand. — TARA BRADLEY

FROM TOP: COURTESY FRENCHMAN'S REEF (2); GARY BOGDON; OPPOSITE: COURTESY COTTON TREE



📍 **St. Thomas** The like-new Frenchman's Reef Marriott makes a fantastic home base for a getaway sprint: From its clifftop perch, you're 10 minutes from Charlotte Amalie and a short walk from the beach at the adjacent Morning Star Beach Club. Take an early flight to allow time for wandering Charlotte Amalie's boutique-lined streets before check-in; after, don't linger too long over the

the skinny

FRENCHMAN'S REEF MARRIOTT A recent makeover gives this local landmark that new-hotel feel. 800-524-2000; frenchmansreefmarriott.com
GRANDE CRU Views of Yacht Haven Grande's marina accompany the upscale fare and innovative cocktails. 340-774-7263; grandecruvi.com

ocean views from your balcony — night kayaking in clear, LED-rimmed kayaks among sea turtles awaits at the Adventure Center. Spend a lazy Saturday frolicking in the surf at Morning Star, then recover with a massage in the Reef's Lazule Sea Spa, the perfect prelude to a frozen mojito sundowner on the Rum Bar terrace. As the lights begin twinkling in Charlotte Amalie, head to Grande Cru, at the Yacht Haven Grande marina, for roast chicken and paella at a waterfront table. If Sunday morning comes too soon (it will), console yourself with a latte and a pastry from the on-site market — and plot your imminent return. — CYNTHIA PSARAKIS